

## Finding it hard to make ends meet?

If you are a Mercer Island resident, we can help you access financial assistance during a time of crisis and connect you to other resources. The Family Assistance and Support Coordinator has knowledge of a wide range of services throughout King County. She also can provide you with information about a variety of affordable in-house services offered through MIYFS, such as family and individual counseling, senior outreach and employment assistance. The Coordinator will work in partnership with you to help you address your family's needs.



Mercer Island Youth & Family Services was established in 1973 to develop and deliver services to the Mercer Island community. MIYFS services span generations and include individual and family counseling, senior outreach, school counseling, alcohol and drug prevention/intervention, employment services, emergency assistance, youth volunteer and leadership development, juvenile court diversion, and volunteer opportunities.

Mercer Island  
Youth & Family Services  
2040-84th Avenue SE  
Mercer Island WA 98040-5602  
Phone: 206-275-7611  
Fax: 206-275-7890  
Web: [www.mercer.gov.org/yfs](http://www.mercer.gov.org/yfs)  
Email: [miyfs@mercer.gov](mailto:miyfs@mercer.gov)

## Family Assistance and Support Program

A Program of  
Mercer Island Youth and Family Services

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## Services and Resources for Mercer Island Families

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Our mission is to provide, coordinate and advocate for affordable, high quality human services for the community of Mercer Island



## MIYFS Family Assistance and Support Program

Here are some areas we can discuss:

- Assessing financial difficulties
- Locating financial resources
- Locating emotional support
- Accessing low-cost medical care
- Improving employment options
- Planning a new career
- Identifying your strengths
- Researching training programs
- Overcoming barriers to success
- Referrals for affordable and convenient services offered by MIYFS

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*Participating clients must verify MI residency by providing a current drivers license, WA state I.D. or utility bill with name/address. Availability of assistance may change depending upon past use of resources.*

## Services and Programs

The Family Assistance and Support Coordinator can help you get motivated, set up a plan and provide the support you need to achieve your plan!

- Food assistance and resources
- Limited direct financial assistance
- Planning and advocacy
- Information and referral
- Holiday family sponsorships
- Preschool partial scholarships
- City of Mercer Island utilities reduction program for senior citizens
- School supplies program

Services and consultations are free and always confidential.

For more information, contact:  
**Cheryl Hudson Manriquez**  
Family Assistance & Support Coordinator  
Phone: (206) 275-7869  
Cheryl.Hudson@mercergov.org

## Resources in King County

### HEALTH CARE

Community Health Access Program

1-800-756-5437

DSHS Eastgate Community Service Office

(425) 649-4000

### MEDICAL PROGRAMS

Eastgate Public Health (206) 296-4920

Harborview Family Medical Clinic (206) 731-8274

Evergreen Medical Center (425) 883-3333

Eastside Medical Center (425) 882-1697

### UTILITY SHUT-OFF AND EVICTION NOTICES

**Hopelink - Bellevue**

14812 Main Street

Bellevue, Washington 98007

(425) 943-7555 / utilities: (866) 223-1068

**Eastside Salvation Army**

355A Kirkland Ave

Kirkland, Washington 98033

(425) 452-7300

**East King Catholic Community Services**

14044 NE 8<sup>th</sup> Street

Bellevue, Washington 98007

(425) 284-2211

**King County Stability Project**

Calls are screened by Community Information Line

Funds not guaranteed (206) 461-3200

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